

Rule 4 – Player Equipment: Tinted spectacles

Question:

I have a high school soccer goalie who sustained a concussion in the spring. She has increased symptoms with light exposure. I know that the NCAA and NFHS have specifically stated that there needs to be a clear tint – not a mirror tint – to a football face shield...is there any ruling as such in soccer?



Answer (3 August 2010):

So long as a medical official can easily remove the glasses to check the eyes of the player (and in the examples you've shown that appears to be the case) the fact the lenses are tinted are not an issue in soccer as they are in other sports like football where it might be difficult to easily remove the helmet, so these are good to go with tinted lenses. This is no different than many players that I've seen with the photo-grey lenses that change in the sun.